

Depression, Bipolar Disorder & Manic Depressive Illness

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“Bipolar disorder, with its extreme mood swings from depression to mania, used to be called manic depressive disorder. Bipolar disorder is very serious and can cause risky behavior, even suicidal tendencies... When you have depression, it's more than feeling sad. Intense feelings of sadness and other symptoms, like losing interest in things you enjoy, may last for a while. Depression is a medical illness, not a sign of weakness. And it's treatable.” <http://www.webmd.com>

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National Alliance on Mental Illness

<http://www.nami.org/>

Centers for Disease Control and Prevention

<http://www.cdc.gov/mental-health/>

webMD

<http://www.webmd.com/>

State of Idaho

<http://idaho.gov/>

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